

PARTICIPANT INFORMATION AND CONSENT

Evaluation of 'Men in the Middle' Workshop

INFORMED CONSENT - You have been asked to participate in an evaluation of the new Engage 'Men in the Middle' Workshop. You are under no obligation to participate and, choosing not to, will in no way affect your capacity to be involved in any future men's health programmes. In order to decide whether you do or do not wish to participate, you need to fully understand what is required of you as well as the risks and benefits, so that you can make an informed decision. This process is known as INFORMED CONSENT.

THE RESEARCH - We are, currently, evaluating the effectiveness of a recently developed Engage workshop titled 'Men in the Middle'. As a volunteer in this evaluation, you will be required to complete a pre training, an immediately post training, and a 4-6 month follow-up questionnaire. The questions will focus on your knowledge, skills and confidence with respect to engaging middle-aged men in your work. Each survey will take approximately 5 minutes to complete. By signing this consent form, you are agreeing to take part in the pre training, post training and follow-up surveys.

In addition, your satisfaction with the 'Men in the Middle' training and the impact of the programme on your work will be evaluated. You will also be offered the opportunity to participate in a short (10-15 minutes) follow-up phone survey. If you would prefer NOT to contribute to this part of the evaluation, simply tick the box at the end of this consent form.

BENEFITS AND RISKS - There are no risks associated with participating in this evaluation.

WHO WILL HAVE ACCESS TO THE DATA FROM THE EVALUATION?

The research team - made up of staff at IT Carlow and Waterford IT - will have access to the survey results, which will be coded and stored anonymously. You will be asked to include your name and mobile number on the pre and post surveys - this is to enable us to connect the two surveys. However, neither your name nor your mobile number will be entered into

our electronic database; rather, each participant will be assigned a code number. The hard copies of the pre and post surveys will be stored in a locked filing cabinet, and will be held for one year after completion of the evaluation before being destroyed. Needless to say, all information will be treated as confidential. No information will be given to any other party without your written consent. All we ask is that the information may be used **anonymously** in the preparation of a report on the Men in the Middle programme and in other scientific reports - disseminated via a variety of media to a range of sectors e.g. scientific congress or refereed publications. All information held by IT Carlow and Waterford IT is subject to the terms of the 1997 Freedom of Information Act.

WILL I GET PAID AND CAN I WITHDRAW FROM THIS EVALUATION?

No, you will not be paid. Yes, you may withdraw at any time without fear of any action being taken against you.

AGREEMENT TO CONSENT - If you agree to participate in this evaluation process, please sign below. You may request a photocopy of this consent form, for your own records.

I,(PRINT NAME) consent to participate on an anonymous basis, in the research outlined above. I confirm that all aspects of my participation have been fully explained to my satisfaction. I understand that there are no direct benefits to me for my participation, but realise that this research may allow a better understanding of men's health.

Please tick this box if you do **NOT** wish to be contacted by phone to participate in a follow-up phone survey.

Signature of Participant

Date